

HABITUATION

⇒ Habituation is the simplest form of learning. It involves not acquisition of new responses but the loss of old ones. In this case, when an animal is repeatedly given a stimulus, its response gradually decreases and it may disappear entirely. Thus the phenomenon in which repeated applications of stimulus result in decreased responsiveness is called Habituation.

Animals are constantly bombarded by a host of different stimuli emanating from the environment. It is a way of eliminating responses to stimuli by which are some times important but, which in particular case are irrelevant. Like wise, the escape response of a fish to a shadow passing over head diminished progressively, as the fish ceases to react at all. Similarly, the orientation of the total towards potential prey progressively declines as non edible prey like objects are presented repeatedly.

The speed of habituation depends on the nature of the stimulus. Different stimuli produce their characteristic rate of habituation.

Characteristics of habituation

(a) Stimulus Specificity → The decrease in responsiveness occurs only with reference to the habituating stimulus. It is shown clearly in territorial stickle backs.

(b) Length of the inter-stimulus interval → The length of the inter-stimulus interval (ISI) is an important factor influencing habituation. The longer the ISI the less habituation occurs. Davi's (1970) investigated the effects of increasing the ISI in rats. He trained animals to expect different ISIs for a 50ms alarm tone at 120db, then compared their tendencies to habituate under identical conditions. He found that long ISIs were less effective in producing habituation but has longer lasting effects over all.

(c) Dishabituation → If a novel stimulus is presented during the process of habituation, then there is an increase in responsiveness is known as dishabituation.

(d) Sensitisation →: It is the opposite kind of change where habituation means to become less sensitive to a stimulus, but sensitisation means to become more sensitive to a stimulus. e.g. If an Aplysia, receives an annoying stimulus such as an electric shock on the tail, it then responds more readily to other stimuli it has become more sensitive.

Examples of Habituation :-

(A) A study by Clark (1960) on the Nereis illustrates some of the typical features of habituation. Nereis is an annelid marine worm which lives in burrow constructs in mud. The worms head protrude from the tube whilst it feeds from the surface of mud. At such a time variety of sudden stimulus is caused, the worm to Jerk back rapidly into the burrow, but in the lab. He found that a variety of stimulus such as jarring the basin touching the head of worm a sudden shade passing over would all cause rapid retraction into the tube, but the majority of worms emerged within a minute. So Clark found that habituation occurs more rapidly if stimuli were given to closer together.

(B) Habituation was first reported in 1877 by investigators testing the reaction of spiders to vibrating tuning fork. When the fork was vibrated a spider would drop from its web by a thread to a distance of half meter. It would remain there for a time before returning to the web, with repeated tests and the spider gradually reduce the distance to which dropped and shorten the time of its return remained on the web in spite of vibrations.

(C) Various birds are preyed up on by hawk. Tinbergen has shown that these birds will fly if a hawk silhouette is displayed over head. This shows a verbal of habituation.

Finally it should be stressed that habituation is an important process where by an animal adjusts its behaviour to its environment animal adjusts its behaviour to its environment not all stimuli have their attendant consequence and the animal learns to ignore the neutral stimuli.